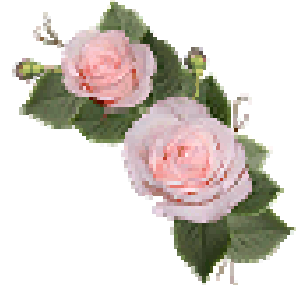


# Frequently Asked Questions



## **How Do I Start a Future Christian Homemakers' Group?**

In Future Christian Homemakers, you have an opportunity to become a "Titus 2" woman and teach younger women to be homemakers. An FCH group could include your daughter and a few of her friends, a group of girls from your church, a homeschool group, girls in your neighborhood, or a group of young moms. More than ever, children and young women need mentors who will take a sincere interest in them and teach them life skills and Biblical values.

Start with a small group, perhaps just four or five girls. Set a regular time and place to meet. Seek a couple volunteers to help.

Read the FCH Handbook and decide which activities you would like to do with your group. The Handbook is available as an eBook, now in one convenient download. You may ask your students to purchase their own eBook and print the lessons they will use in class, or you have permission to reprint them – for your class only - from your copy of the eBook.

The FCH program is flexible! You can do the lessons in the Handbook, or use your favorite recipes. How about a casserole you enjoy, or a special cake recipe? Make that with your group. Can you crochet, knit, or do you enjoy sewing items for your home? Whatever homemaking skills you know, teach them to the girls, and ask other women to share their skills.

Plan one cooking or sewing activity per class. Make copies of the recipe or sewing instructions for each girl and help them complete the activity.

It is truly a privilege and a joy to teach these precious girls. They have a wonderful time in Future Christian Homemakers, and so will you!

## **When did Future Christian Homemakers begin?**

FCH began at Sunrise Community Evangelical Free Church in Atlantic Beach, FL in 1998. A dozen girls, ages 10-14, met once a month to cook, sew, and learn other homemaking skills.

## **Where do you meet?**

I prefer meeting in my home, but you can meet in a church or other facility. It is helpful to demonstrate homemaking skills in a home setting. The activities are planned so they could be carried out in most home kitchens.

## **How often does FCH meet?**

My group has met one Saturday afternoon a month during the school year. Family schedules are already busy and we did not want to interfere with family time. You may choose to meet whenever it is convenient for you.

### **How long are the classes?**

Our classes are from 1:00 - 4:30 on a Saturday. That gives plenty of time to complete the activity and clean up. Some activities could be completed in less time. Other, longer sewing projects, can be done over two or three sessions. You set the time to best suit your needs.

### **What is the cost?**

The only charge for FCH is a materials fee; I have charged \$35 for 8 lessons. The fee covers the cost of cooking ingredients and fabric for small projects. For larger projects, girls sometimes provide fabric. All girls have their own sewing basket with basic supplies and bring a portable sewing machine when needed for a lesson.

### **At what age may girls join FCH?**

Most of the lessons are planned for girls who are in third grade or above. However, with extra help, younger girls can participate. The FCH Handbook contains such a wide range of activities that you will find something for girls of all ages. Most years, my classes include girls from 9 - 14 years old. It varies from year to year.

### **What do the girls learn?**

Girls need to know the basics of cooking, sewing, and housekeeping. Someday they will have a family and home of their own to care for and they should be able to prepare a meal, plan a menu, write a grocery list, do basic sewing to maintain clothing and family belongings, and keep the house clean.

The FCH Handbook contains 12 chapters of hands-on cooking lessons with both teacher and student pages. These lessons include related skills such as setting the table, manners, writing a menu, and planning nutritious meals. [Click here](#) to see the Table of Contents.

The Homemaking section includes lessons on doing the laundry and cleaning the house, including detailed descriptions on cleaning the kitchen, bathroom, and other areas of the home.

For sewing, I recommend the excellent books by JoAnn Gagnon. These are shown on page 168 of the FCH Handbook, or visit [www.bunkhousesewing.com](http://www.bunkhousesewing.com). The FCH Handbook does not contain any sewing lessons.

In the Resources section there are links to free basic sewing projects available from a variety of online sources.

There is one worksheet of recipe abbreviations in the Handbook, but there are no other worksheets, and no tests. This is a hands-on curriculum designed to provide actual, practical experience, rather than fill-in-the-blank exercises.

Questions about FCH or the FCH Handbook? Contact FCH at:  
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